

	College Students ' Mental Health Education		
	12111001		
/	1 /16	/	12 /4
			2022 7

4

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2

3

	1 2 3	1 2 3 4 5	1. 2 3 4 5 6	1. 2	2 2
	1 2 3	1 2 3 4	1. 2 2 3	1. 2	2 2
	1 3	1 2 3 4	1. 2 3 4	1. 2	2
	1 2 3	1 2 3	1. 2 3	1. 2	2
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1	2	3		50

3.

				%
1	2	3		10
1	2	3		10

1. ,2020 .

1. , 2013

2. ,2012 .

3. , 2005.

4. , 2007.

2022 10

2022 10